## Cancer Incidence

## INTRODUCTION

Cancer, also known as malignant tumor or malignant neoplasm, is a group of almost a hundred diseases that are characterized by the uncontrolled growth of some abnormal cells in a body and the ability of these cells to spread from its original area to other parts such that if the spread is left uncontrolled, could result in death.

Cancer is one of the most common dreaded diseases in the world today. It often has a huge impact one on the person's lifestyle and longevity and is also expensive to treat. There are various types of cancers and also many known causes - environmental factors like tobacco usage, diet and obesity, infections, radiation, and inherited genetics - although it is said that the actual cause of a cancer in an individual is nearly impossible to pinpoint, since most of the cases have multiple possible causes.

This study aims to illustrate how some of the known causes of cancer are related to its incidence among several countries around the world.

## SOURCES AND DISCLAIMER

1. The data, definitions and descriptions were obtained from the following sources and were used for the purpose of this study only.

- http://stats.oecd.org/
- https://en.wikipedia.org/wiki/Cancer
- http://medical-dictionary.thefreedictionary.com

2. This study has been done for the specific purpose of statistical data analysis student project and should not be taken as an actual medical study.

## AN OVERVIEW OF THE CANCER INCIDENCE OF DIFFERENT COUNTRIES

In this study, we used the data as of 2012 we obtained from Organisation for Economic Co-operation and Development (OECD). We will look into the relationship between cancer incidence and some of its causes - obesity, alcohol consumption and tobacco consumption - among several countries. To simplify our study, we trimmed it down to include 29 countries that have the updated data on the causes we will look into.

## VARIABLES

We will use the variables as defined below:
$\mathrm{N}=$ number of countries in the study $=29$

## Response Variable

$Y=$ Cancer, Incidence of Malignant Neoplasms, per 100,000 population

## Quantitative Explanatory Variable

$X_{1}=$ Obese population, self-reported, \% of total population
$X_{2}=$ Alcohol consumption, Liters per capita (age 15+)
$X_{3}=$ Tobacco consumption, $\%$ of population $15+$ who are daily smokers
$X_{1}, X_{2}$ and $X_{3}$ are assumed to be independent from each other.

## OUTCOME AND ANALYSIS

## DATA SUMMARY

Table 1: Data Summary

|  | Country | Y - Cancer <br> Incidence | Country | X1- Obesity | Country | X2 - Alcohol Consumption | Country | X3 - Tobacco Consumption |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Highest | Denmark | 338.10 | United States | 28.70 | Austria | 12.20 | Greece | 38.90 |
| Lowest | Germany | 163.00 | Italy | 2.40 | Switzerland | 1.40 | Spain | 10.70 |
| Mean |  | 275.86 |  | 15.50 |  | 8.88 |  | 20.41 |
| Standard Dev |  | 42.42 |  | 4.79 |  | 2.52 |  | 5.89 |
| Upper Bound |  | 318.28 |  | 20.29 |  | 11.40 |  | 26.30 |
| Lower Bound |  | 233.43 |  | 10.71 |  | 6.36 |  | 14.53 |
|  |  |  |  |  |  |  |  |  |
| No of Countries within Bound |  | 21.00 |  | 22.00 |  | 21.00 |  | 22.00 |

From Table 1 above, we see that those countries that have the highest and lowest in cancer incidence among the 29 countries, which are Denmark and Germany respectively, are not the highest and lowest in terms of the causes $X_{1}, X_{2}$ and $X_{3}$.

We computed for the mean and standard deviation of the causes and found that both countries are within bound, that is, within one standard deviation of the mean.

| Country | Y - Cancer Incidence | X1 - Obesity | X2 - Alcohol Consumption | X3 - Tobacco Consumption | Within Bound Y | Within Bound X1 | Within Bound X2 | Within Bound X3 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Denmark | 338.10 | 14.20 | 9.50 | 17.00 | no | yes | yes | yes |
| Germany | 283.80 | 15.70 | 10.90 | 20.90 | yes | yes | yes | yes |

## RESULTS AND ANALYSIS

Let us now check the relationship between our response variable Y-Cancer Incidence and our explanatory variables $X_{1}$-Obesity, $X_{2}$ - Alcohol Consumption and $X_{3}-$ Tobacco Consumption by running several scenarios and see the resulting model and graphs for each scenario.

## Scenario 1

In this scenario we will analyze the relationship between the cancer incidence rates and all the independent variables $X_{1}, X_{2}$ and $X_{3}$. The results are as follows:

## Table 2

| SUMMARY OUTPUT |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Regression Statistics |  |  |  |  |  |  |  |  |
| Multiple R | 0.753141401 |  |  |  |  |  |  |  |
| R Square | 0.56722197 |  |  |  |  |  |  |  |
| Adjusted R Square | 0.515288606 |  |  |  |  |  |  |  |
| Standard Error | 29.53618446 |  |  |  |  |  |  |  |
| Observations | 29 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| ANOVA |  |  |  |  |  |  |  |  |
|  | $d f$ | SS | MS | $F$ | Significance $F$ |  |  |  |
| Regression | 3 | 28584.89691 | 9528.298969 | 10.92211116 | $9.02822 \mathrm{E}-05$ |  |  |  |
| Residual | 25 | 21809.65482 | 872.3861926 |  |  |  |  |  |
| Total | 28 | 50394.55172 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  | Coefficients | Standard Error | $t$ Stat | P-value | Lower 95\% | Upper 95\% | Lower 95.0\% | Upper 95.0\% |
| Intercept | 346.0331543 | 31.76052312 | 10.895071 | $5.53025 \mathrm{E}-11$ | 280.6211325 | 411.4451761 | 280.6211325 | 411.4451761 |
| X1-Obesity | -0.83259235 | 1.167449406 | -0.713172105 | 0.48234393 | -3.23699941 | 1.571814709 | -3.23699941 | 1.571814709 |
| X2 - Alcohol Consumption | 5.707071217 | 2.252107806 | 2.534102143 | 0.017913585 | 1.068768365 | 10.34537407 | 1.068768365 | 10.34537407 |
| X3 - Tobacco Consumption | -5.28879983 | 0.964086959 | -5.485812023 | $1.06623 \mathrm{E}-05$ | -7.27437409 | -3.303225571 | -7.27437409 | -3.303225571 |

The Scenario 1 will then be modeled as:

$$
Y=346.03-0.83259 X_{1}+5.70707 X_{2}-5.2888 X_{3}
$$

Using the equation above, we computed for the actual vs. predicted cancer incidence rates of the countries. Then, using Graph 1 below to see it better, we see that the predicted is quite far from the actual incidence rates, except on certain points.

## Graph 1



Based on the resulting regression, the adjusted $\mathrm{R}^{2}$ value is at $51.53 \%$ which shows that the model has high variation between the causes of cancer incidence.

Let us now look at each of the causes separately in the next 3 scenarios.

## Scenario 2

This scenario shows the relationship between Y and $\mathrm{X}_{1}$.

| SUMMARY OUTPUT |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Regression Statistics |  |  |  |  |  |  |  |  |
| Multiple R | 0.051569392 |  |  |  |  |  |  |  |
| R Square | 0.002659402 |  |  |  |  |  |  |  |
| Adjusted R Square | -0.034279138 |  |  |  |  |  |  |  |
| Standard Error | 43.14511789 |  |  |  |  |  |  |  |
| Observations | 29 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| ANOVA |  |  |  |  |  |  |  |  |
|  | $d f$ | SS | MS | F | Significance $F$ |  |  |  |
| Regression | 1 | 134.0193838 | 134.0193838 | 0.071995325 | 0.790492887 |  |  |  |
| Residual | 27 | 50260.53234 | 1861.501198 |  |  |  |  |  |
| Total | 28 | 50394.55172 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  | Coefficients | Standard Error | t Stat | P-value | Lower 95\% | Upper 95\% | Lower 95.0\% | Upper 95.0\% |
| Intercept | 282.93647 | 27.58061148 | 10.25852781 | $8.18826 \mathrm{E}-11$ | 226.3457297 | 339.5272103 | 226.3457297 | 339.5272103 |
| X1-Obesity | -0.456756293 | 1.702285464 | -0.268319446 | 0.790492887 | -3.949557556 | 3.036044971 | -3.949557556 | 3.036044971 |

The equation for Scenario 2 model will then be given by:

$$
Y=282.936-0.45676 X_{1}
$$

Again, the graph using the above formula is shown below.
Graph 2


This model shows that the actual cancer incidence rates is very far from the predicted rates. R square is also very low (less than $1 \%$ ), so we can conclude that this is not a very good model. We can conclude from this model that the variable $\mathrm{X}_{1}$ by itself will not cause a high change in cancer incidence rates.

Let us look at the effect of the next variable.

## Scenario 3

This scenario shows the relationship between Y and $\mathrm{X}_{2}$.

| SUMMARY OUTPUT |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Regression Statistics |  |  |  |  |  |  |  |  |
| Multiple R | 0.206846824 |  |  |  |  |  |  |  |
| R Square | 0.042785609 |  |  |  |  |  |  |  |
| Adjusted R Sque | 0.007333224 |  |  |  |  |  |  |  |
| Standard Error | 42.26827466 |  |  |  |  |  |  |  |
| Observations | 29 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| ANOVA |  |  |  |  |  |  |  |  |
|  | $d f$ | SS | MS | F | Significance $F$ |  |  |  |
| Regression | 1 | 2156.161562 | 2156.161562 | 1.206847119 | 0.281657512 |  |  |  |
| Residual | 27 | 48238.39016 | 1786.607043 |  |  |  |  |  |
| Total | 28 | 50394.55172 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  | Coefficients | Standard Error | t Stat | $P$-value | Lower 95\% | Upper 95\% | Lower 95.0\% | Upper 95.0\% |
| Intercept | 244.9222503 | 29.23105534 | 8.378837078 | $5.45664 \mathrm{E}-09$ | 184.9450789 | 304.8994217 | 184.9450789 | 304.8994217 |
| X2-Alcohol Cor | 3.48235536 | 3.16991019 | 1.098565937 | 0.281657512 | -3.021763103 | 9.986473823 | -3.021763103 | 9.986473823 |

Equation for Scenario 3:

$$
Y=244.922+3.482355 X_{2}
$$

Graph 3
Scenario 3: Actual vs Predicted


The adjusted $\mathrm{R}^{2}$ value is still significantly lower than Scenario 1, but a little higher than Scenario 2. We can observe this in the way the graph of the Actual vs Predicted Incidence rates are moving a little more similarly with each other than in Scenario 1. With this, we can conclude that the by itself, alcohol consumption does not directly or significantly affect cancer incidence rates.

## Scenario 4

This scenario shows the relationship between Y and $\mathrm{X}_{3}$.

| SUMMARY OUTPUT |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Regression Statistics |  |  |  |  |  |  |  |  |
| Multiple R | 0.670630777 |  |  |  |  |  |  |  |
| R Square | 0.449745639 |  |  |  |  |  |  |  |
| Adjusted R Squé | 0.429365848 |  |  |  |  |  |  |  |
| Standard Error | 32.04731563 |  |  |  |  |  |  |  |
| Observations | 29 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| ANOVA |  |  |  |  |  |  |  |  |
|  | df | SS | MS | F | Significance $F$ |  |  |  |
| Regression | 1 | 22664.72986 | 22664.72986 | 22.06821628 | $6.86376 \mathrm{E}-05$ |  |  |  |
| Residual | 27 | 27729.82186 | 1027.030439 |  |  |  |  |  |
| Total | 28 | 50394.55172 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  | Coefficients | Standard Error | t Stat | P-value | Lower 95\% | Upper 95\% | Lower 95.0\% | Upper 95.0\% |
| Intercept | 374.4962259 | 21.8248262 | 17.15918479 | 4.75917E-16 | 329.7153815 | 419.2770703 | 329.7153815 | 419.2770703 |
| X3 - Tobacco Col | -4.832078633 | 1.028609136 | -4.697682011 | $6.86376 \mathrm{E}-05$ | -6.942610246 | -2.721547019 | -6.942610246 | -2.721547019 |

Equation for Scenario 4:

$$
Y=374.496-4.832 X_{3}
$$

Graph 4


The adjusted $\mathrm{R}^{2}$ is now much higher $42.94 \%$ which leads us to conclude that Scenario 4 is a better model for this study, but not as good as Scenario 1, which includes all 3 variables. This leads us to conclude that the variable $\mathrm{X}_{3}$ has higher significance to the movement of cancer incidence rates than the other two variables.

Let us create 3 more scenarios to see this further. The following scenarios show 2 explanatory variables $\mathrm{X}_{\mathrm{i}}$ are modelled with our response variable Y .

## Scenario 5

This scenario shows the relationship between $\mathrm{Y}, \mathrm{X}_{1}$ and $\mathrm{X}_{2}$.

| SUMMARY OUTPUT |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Regression Statistics |  |  |  |  |  |  |  |  |
| Multiple R | 0.215078536 |  |  |  |  |  |  |  |
| R Square | 0.046258777 |  |  |  |  |  |  |  |
| Adjusted R Square | -0.027105933 |  |  |  |  |  |  |  |
| Standard Error | 42.99524187 |  |  |  |  |  |  |  |
| Observations | 29 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| ANOVA |  |  |  |  |  |  |  |  |
|  | $d f$ | SS | MS | $F$ | Significance $F$ |  |  |  |
| Regression | 2 | 2331.190314 | 1165.595157 | 0.630531723 | 0.540253026 |  |  |  |
| Residual | 26 | 48063.36141 | 1848.590823 |  |  |  |  |  |
| Total | 28 | 50394.55172 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  | Coefficients | Standard Error | t Stat | P-value | Lower 95\% | Upper 95\% | Lower 95.0\% | Upper 95.0\% |
| Intercept | 252.7074612 | 39.04144653 | 6.472799645 | $7.35396 \mathrm{E}-07$ | 172.4566186 | 332.9583039 | 172.4566186 | 332.9583039 |
| X1-Obesity | -0.522309685 | 1.697437443 | -0.307704821 | 0.760758408 | -4.011442319 | 2.966822949 | -4.011442319 | 2.966822949 |
| X2-Alcohol Const | 3.51752352 | 3.226454049 | 1.090213425 | 0.285620435 | -3.11454776 | 10.1495948 | -3.11454776 | 10.1495948 |

As we have observed from Scenarios 2 and 3, we can see that the adjusted R square is very low and that the values will behave more similarly to Scenario 3. Hence, this is not a very good model for our study. We can see this more clearly through the graph below.
Graph 5


## Scenario 6

This scenario shows the relationship between $\mathrm{Y}, \mathrm{X}_{2}$ and $\mathrm{X}_{3}$.

| SUMMARY OUTPUT |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Regression Statistics |  |  |  |  |  |  |  |  |
| Multiple R | 0.747273232 |  |  |  |  |  |  |  |
| R Square | 0.558417284 |  |  |  |  |  |  |  |
| Adjusted R Sque | 0.524449382 |  |  |  |  |  |  |  |
| Standard Error | 29.25574437 |  |  |  |  |  |  |  |
| Observations | 29 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| ANOVA |  |  |  |  |  |  |  |  |
|  | $d f$ | SS | MS | $F$ | Significance $F$ |  |  |  |
| Regression | 2 | 28141.18868 | 14070.59434 | 16.43955802 | $2.42749 \mathrm{E}-05$ |  |  |  |
| Residual | 26 | 22253.36304 | 855.8985785 |  |  |  |  |  |
| Total | 28 | 50394.55172 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  | Coefficients | Standard Error | t Stat | P-value | Lower 95\% | Upper 95\% | Lower 95.0\% | Upper 95.0\% |
| Intercept | 333.0643949 | 25.79216672 | 12.91339337 | 8.10797E-13 | 280.0478369 | 386.0809529 | 280.0478369 | 386.0809529 |
| X2-Alcohol Con | 5.637351986 | 2.228621888 | 2.529523746 | 0.017822821 | 1.056354088 | 10.21834988 | 1.056354088 | 10.21834988 |
| X3 - Tobacco Cot | -5.255488722 | 0.953811762 | -5.50998523 | $8.79423 \mathrm{E}-06$ | -7.216076879 | -3.294900566 | -7.216076879 | -3.294900566 |

The high adjusted R square $52.44 \%$ is an indicator that this is a good model for this study. We note that this is even higher than Scenario 1, which was our best model so far.

Equation for Scenario 6:

$$
Y=333.064+5.63735 X_{2}-5.25549 X_{3}
$$

Graph 6


## Scenario 7

The last scenario shows the relationship between $\mathrm{Y}, \mathrm{X}_{1}$ and $\mathrm{X}_{3}$.

| SUMMARY OUTPUT |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Regression Statistics |  |  |  |  |  |  |  |  |
| Multiple R | 0.675318887 |  |  |  |  |  |  |  |
| R Square | 0.456055599 |  |  |  |  |  |  |  |
| Adjusted R Square | 0.414213722 |  |  |  |  |  |  |  |
| Standard Error | 32.47000643 |  |  |  |  |  |  |  |
| Observations | 29 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| ANOVA |  |  |  |  |  |  |  |  |
|  | $d f$ | SS | MS | $F$ | Significance $F$ |  |  |  |
| Regression | 2 | 22982.71747 | 11491.35873 | 10.89950144 | 0.000364929 |  |  |  |
| Residual | 26 | 27411.83426 | 1054.301318 |  |  |  |  |  |
| Total | 28 | 50394.55172 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  | Coefficients | Standard Error | t Stat | $P$-value | Lower 95\% | Upper 95\% | Lower 95.0\% | Upper 95.0\% |
| Intercept | 385.898045 | 30.33144076 | 12.72270737 | 1.13437E-12 | 323.5508756 | 448.2452144 | 323.5508756 | 448.2452144 |
| X1-Obesity | -0.704172769 | 1.282202166 | -0.549190126 | 0.587561217 | -3.339777067 | 1.931431529 | -3.339777067 | 1.931431529 |
| X3-Tobacco Cons | -4.85582302 | 1.043072498 | -4.655307306 | $8.3495 \mathrm{E}-05$ | -6.999889246 | -2.711756794 | -6.999889246 | -2.711756794 |

Although the adjusted R square is significantly high, it is not as high as Scenario 1 and Scenario 6.

Graph 7


As expected, the values do not fit as well as in Scenario 6.

## CONCLUSION

Therefore, based on the resulting scenarios, we may take out the variable $\mathrm{X}_{1}$ - Obesity from the model since this variable does not significantly affect the cancer incidence rates.

It is conservative to conclude that statistically, the best predictive model is from Scenario 6, which is given by:

$$
Y=333.064+5.63735 X_{2}-5.25549 X_{3}
$$

This model has the highest adjusted $\mathrm{R}^{2}$ value and has independent variables with P values close to zero.

